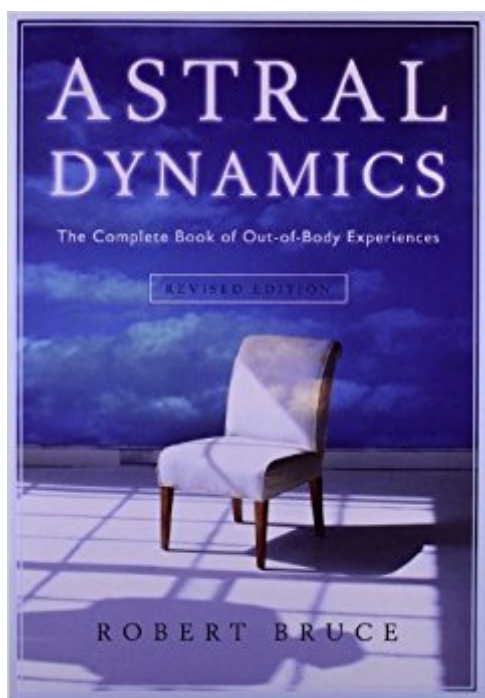


The book was found

Astral Dynamics: The Complete Book Of Out-of-Body Experiences



Synopsis

Astral projection is a technique that lets your soul explore the universe while leaving your body behind. It's been a topic of endless speculation. If you've ever wanted to try it, *Astral Dynamics* is the perfect guide for you. *Astral Dynamics* will teach you everything you need to know to accomplish successful out-of-body travel. It explores the physics of the nonphysical world and provides useful advice for astral travelers, including how to exit the body, how to get around on the astral plane, and how to get back to your body with solid memories of the event. The guide is written in plain language with commonsense terminology. Robert Bruce brings his twenty-five years of interdimensional experience to the aid of astral travelers around the world.

Book Information

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Customer Reviews

Robert Bruce describes himself as a mystic, healer, and metaphysical researcher. He has provided free consulting and healing service to the internet community since 1992. Born in England, he now resides in Australia. He frequently conducts workshops in the United States.

This book even more than all the other out of body books. Gives you very detailed and interesting information you won't find in other books. It's like the advanced guide to out of body travel. Filled with great information for both the beginner and seasoned reader of all the things out of body related.

This is the book you need if you want to learn how to fly. ;) I have read many books on astral

projection but this is the one that has given me instant results. A no-nonsense guide to whole new worlds. Literally.

Only 1/3 way into book. Alot of exercises for energy body controlling. Seems very in depth though. I think the book is excellent though. You probably won't find a more concise book on the subject of OBE's. This updated edition I ordered is much more intense then the early book which I also have. Great book for your personal library.

Best book I've ever had on this topic! Great techniques and accurate theories and sciences. Most people aren't smart enough to pull that off. Great incite and knowledge on the astral realm(s) and planes and great warnings and experiences. I already recommended this book to a friend. It deserves more credit.

I'm finally reviewing this book after going through 2 copies of the old edition and finally purchasing the new edition. I've read literally a hundred books on the topics covered in Astral Dynamics, and I've never come across such a unique, easy-to-use, relevant book on any of them. If this was the only book you ever read on these subjects, you would know all that you need to (and probably more) to hit the ground running. This stuff works. Anyone that disagrees with that simply hasn't tried it. Also, the added chapter on working with the Higher Self is an invaluable addition to this most recent updated version. A+!

Book came in with great quality no wears or tears!

I remember reading this book a while ago. It truly is an amazing guide if not the best one able to be bought!!!!

Very Helpful!

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